

## Sub-Saharan African Youth and Family Services in MN (SAYFSM) 2010 Annual Report

**Mission:** To provide culturally and linguistically appropriate health education and social services to African immigrants and refugees.

### SAYFSM's Board of Directors

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*Church*  
*Pastor/Lawyer*

**Ephraim Olani**  
*SAYFSM Executive*  
*Director*

**Dr. Teizazu Sukessa**  
*Software Engineer*

In 2010, SAYFSM served 205 individuals including 75 children/youth and 130 adults. Of those served, 100% were first generation Africans from 12 different countries who resided in the Twin Cities metro area. The largest populations served identified as Oromo and Ethiopian.

**HIV/AIDS SUPPORT GROUP:** SAYFSM facilitates a support group for African immigrants and refugees living with HIV. Trained, culturally competent facilitators foster a supportive environment and provide participants with education that empowers them to take care of themselves, disclose their status to their partners and community, and reduce the risk of HIV transmission. Generally, 18 to 20 individuals are present at each meeting.

**CARE ADVOCACY:** SAYFSM provides assistance with basic needs, such as housing, furniture, household items, food, clothing, employment; referrals to clinics, mental health providers, legal services, ESL classes; translation and interpreting; and transportation to appointments and SAYFSM activities. One full-time staff member provides care advocacy for those individuals needing one-time or short-term help. In 2010, care advocacy was delivered to 118 individuals: 31 men, 48 women, 12 teens, and 27 children.

**MEDICAL CASE MANAGEMENT:** SAYFSM provides medical case management to meet the needs of individuals living with HIV/AIDS who need longer-term, intensive support. The case managers conduct risk assessments and create care plans to address client needs. They help clients access health services and promote quality health outcomes, empowering them with education about HIV/AIDS, treatment, and medication options. In 2010, 33 individuals received case management through SAYFSM. An additional 12 individuals received case management services elsewhere, but preferred to come to SAYFSM case managers for some of their needs

**WOMEN'S SELF-SUFFICIENCY PROGRAM:** Women attend sewing classes and receive education about HIV/AIDS and other health topics. They are empowered to take control of their lives, boosting their self-esteem, and improving their mental and physical health. Women graduate with the ability to sew for themselves and seek employment. In 2010, an advanced-level class was offered for the first time. This class allows women who have completed the first class to continue developing their sewing skills. Eighteen women completed the program in 2010.

**IJOLE CHILDREN'S PROGRAM:** Ijole, the Oromo word for "children," is for African-born community children. Through Ijole, SAYFSM encourages immigrant parents to take a more active role in their children's lives by inviting them to participate in quality activities with their children, their children's peers, and parents. The children and their families have field trip opportunities to cultural, educational, and recreational venues. 24 children and 12 teens participated in the program in 2010.

**MENTAL HEALTH COUNSELING:** A licensed psychologist provides counseling services in the SAYFSM office for individuals infected with or impacted by HIV. Clients are on a waiting list for this counseling service and SAYFSM is looking for ways to expand this service.

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For further information, please contact us: Phone: 651-644-3983; E-mail: [info@sayfsm.org](mailto:info@sayfsm.org); Web site: [www.sayfsm.org](http://www.sayfsm.org)

SAYFSM's Staff	<b>2010 ASSETS and LIABILITIES</b>	
<b>Ephraim Olani</b> <i>Executive Director</i>	<b>ASSETS</b>	
<b>Aster Tesema</b> <i>Care Advocate</i>	CURRENT ASSETS	
<b>Tadese Negasa</b> <i>Case Manager</i>	Checking/Savings	
<b>Anita Kadesa</b> <i>Outreach Coordinator</i>	Bank CD-New	\$312,061.91
<b>Lauren Edlund</b> <i>Program Developer</i>	Franklin Bank	\$249,982.05
<b>MAJOR DONORS</b>	Total Checking/Savings	<b>\$562,043.96</b>
<b>Saint Paul Foundation</b>	<b>TOTAL CURRENT ASSETS</b>	<b>\$562,043.96</b>
<b>Medtronic Foundation</b>	FIXED ASSETS	
<b>Otto Bremer Foundation</b>	Accumulated depreciation	-\$16,960.83
<b>HRK Foundation</b>	Assets – Vehicle and Office	\$26,565.08
<b>Normandale Lutheran Church</b>	<b>TOTAL FIXED ASSETS</b>	<b>\$9,604.25</b>
<b>Hugh J. Andersen Foundation</b>	<b>TOTAL ASSETS</b>	<b><u>\$571,648.21</u></b>
<b>DHS</b>	<b>LIABILITIES &amp; EQUITY</b>	
<b>HCMC</b>	CURRENT LIABILITIES	
<b>Individual Donors</b>	Accounts Payable	\$3,217.63
	Payroll Liabilities	\$4,696.28
	<b>TOTAL LIABILITIES</b>	<b>\$7,913.91</b>
	EQUITY	
	Unrestricted (retained earnings)	\$485,141.80
	Net Income	\$78,592.50
	<b>TOTAL EQUITY</b>	<b>\$563,734.30</b>
	<b>TOTAL LIABILITIES &amp; EQUITY</b>	<b><u>\$571,648.21</u></b>
	<b>2010 REVENUE</b>	
	<b>2010 EXPENSES</b>	
	<b>Program Services</b>	
	HIV/AIDS Support Group	\$44,697.00
	Care Advocacy	\$27,156
	Medical Case Management	\$58,966.00
	Women's Self-Sufficiency Program	\$4,939.00
	Ijole Children's Program	\$741.00
	Outreach and Prevention Education	\$25,207.00
	Mental Health Counseling	\$0.0
	Total Program Expenses	<b>\$161,706.00</b>
	<b>Supporting Activities</b>	
	Management/Administration	\$32,989.00
	Fundraising	\$13,919.00
	<b>TOTAL EXPENSES</b>	<b>\$208,614.00</b>

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